

## CCAT ( Certificate Course in Ayurvedic Therapy ):

( a ) Course Code : 721 - Introduction to Fundamental of Ayurveda.  
722 - Introduction to Different Therapies in Ayurveda.

( b ) Conducted by : NIOS ( Autonomous Division of MHRD ), Govt. of India.



( c ) Entry Qualification : 12<sup>th</sup> Class passed with science stream,  
passed from a recognized board.

( d ) Medium : Hindi / English.

( e ) Duration of Course : 1 year.  
Note: There is no provision of back date  
Admission, even by any amount of late Fee.

( f ) Session 1 : June to May, Every year.  
Last date of submission is 31 May.  
Exams on 1 year completion, in next year May.

Session 2 : December to November, Every year.  
Last date of submission is 30 November.  
Exams on 1 year completion, in next year Nov.

( g ) Exam Centre : Only at Siddarthnagar U.P NIOS identified centre.

- ( h ) Study Material : Provided by the centre.
- ( i ) Age : Any person above 18 year of age, can apply.
- ( j ) Admission basis : Purely on First come, first serve basis.  
No Entrance test.  
No Merit basis.  
No donation basis.
- ( k ) Total Seats : Total 100.
- ( L ) Documents to Attach
1. Self Attested Xerox of 10<sup>th</sup> & 12<sup>th</sup> mark sheet.  
( marksheet having details of your date of birth )
  2. Self Attested Xerox of Address proof.  
( It may be Aadhar card, Voter ID, Driving license, Passport, electricity bill or BSNL telephone bill )
  3. Applicant Passport size Photograph, ( 03 no. )
- ( m ) Benefits given by us
1. Instant Delivery of One set of study material at the time of admission.
  2. Get Field training at Panchkarma centre, Siddharth Nagar  
Intensive practical training of 1 month.  
8 hours daily & 6 days in a week.  
  
Total duration: 200 hours.
- ( n ) The Scope of CAT
1. Can apply in Central / State govt. Jobs for the post of Ayurvedic Dispensar / Pharmacist / Compounder/ Panchkarma Technician.  
( Eligibility is subject to respective state govt. policy)
  2. Can work in Ayurvedic pharmaceutical company.

- 1 Can work in Ayurvedic Hospital / Clinic / Pharmacy. As Ayurvedic Dispensar / Pharmacist / Compounder/ Panchkarma Technician.
- 2 Can start own Ayurvedic Pharmacy by getting Drug License from State AYUSH Ministry by completing The procedures needed by the respective state Govt.  
( Eligibility is subject to respective state govt. policy)

( o ) The Evaluation is of 400 Maximum Marks:

Course Code	Name of Course	Practical Marks	Theory Marks	Internal Assess
721	Introduction to Fundamentals of Ayurveda.	100	80	20
722	Introduction to Different Therapies in Ayurveda.	100	80	20
Grand Total = 400		200	160	40

( p ) The Syllabus and Curriculum for Ayurvedic Therapy Course.

### Paper 1 : code 721 ( Introduction to Fundamentals of Ayurveda )

- I. Introduction to Ayurveda.
- II. Fundamental Principles of Ayurveda with applied aspects.
- III. Health & Hygiene Including Preventive Measures.
- IV. Embryology ( Garbhavyakarana ).
- V. Prakriti ( Natural Constitution).
- VI. Body Sub Parts ( Pratyanga )
- VII. Musculo – Skeleton system : Asthi ( bones ), Sandhi ( joints ),  
Snayu ( ligaments ), Pesi ( muscle )
- VIII. Marma Vigyan.
- IX. Causes of Disease

- X. Disease process and types of pathogenesis.
- XI. Examination of Patient and Diseases.

Paper 2 : code 722 ( Introduction to Different Therapies in Ayurveda )

- I. Principles of Ayurvedic Therapies.
- II. Marma Therapy.
- III. Family Welfare.
- IV. The Purvakarma ( Preparatory Procedure)
- V. Pradhanakarma.
- VI. Pashchata Karma ( Post operative regimens ).
- VII. Preparation used for Panchakarma Therapy.
- VIII. Applied Aspect of Panchakarma Therapy.

**NOTE: Fooding and lodging would be free during exam time for Students who are not from Siddharth nagar.**